

# Financial stress can affect more than wallets

Medical expenses, job issues and a lack of savings are three of the most common causes of financial stress.<sup>1</sup>



**1/2**

Over half of U.S. adults report they've gone into debt because of medical or dental bills in the last five years.<sup>2</sup>



**60%**

of American families report they are "just getting by."<sup>3</sup>



**50%**

Half of employees experience high anxiety about health care costs that aren't covered by their health insurance.<sup>4</sup>



**50%**

couldn't pay \$1,000 or more in out-of-pocket expenses for an unexpected medical event.<sup>4</sup>

**As a result, 72% of employees say they're stressed about their finances<sup>5</sup> — and your clients are feeling the effects in their business.**



**86%**

of employees say financial stress impacts their productivity at work.<sup>6</sup>



**\$4.7 billion**

Financial stress costs U.S. businesses an estimated \$4.7 billion per week in productivity.<sup>7</sup>

**Aflac products can help provide your clients' employees financial protection to help ease their stress. Want to learn more? Contact your Aflac representative today.**

<sup>1</sup> BrightUp. "The impact of employee financial stress on the workplace." April 14, 2022. [Accessed 11.08.22.](#)

<sup>2</sup> NPR. "Here's how much medical debt there is in the U.S." June 16, 2022. [Accessed 11.08.22.](#)

<sup>3</sup> Forbes. "Financial anxiety is increasing as inflation surges, and people are living paycheck to paycheck." July 20, 2022. [Accessed 11.08.22.](#)

<sup>4</sup> 2023-2024 Aflac WorkForces Report. "Workplace Benefits Trends - Executive Summary." [Accessed 11.08.22.](#)

<sup>5</sup> HRMorning. "Employee financial stress is at an all-time high." May 24, 2022. [Accessed 11.08.22.](#)

<sup>6</sup> Employee Benefit News. "Employees spend 25% of their workday worrying about money." Published 4.11.2022. [Accessed 11.02.22.](#)

<sup>7</sup> Benefits Pro. "Emergency! Financial stress is costing employers \$4.7B a week in productivity." Sept. 21, 2023. [Accessed 11.10.23.](#)

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